

# Jazzy

## & The Louisiana Strawberries

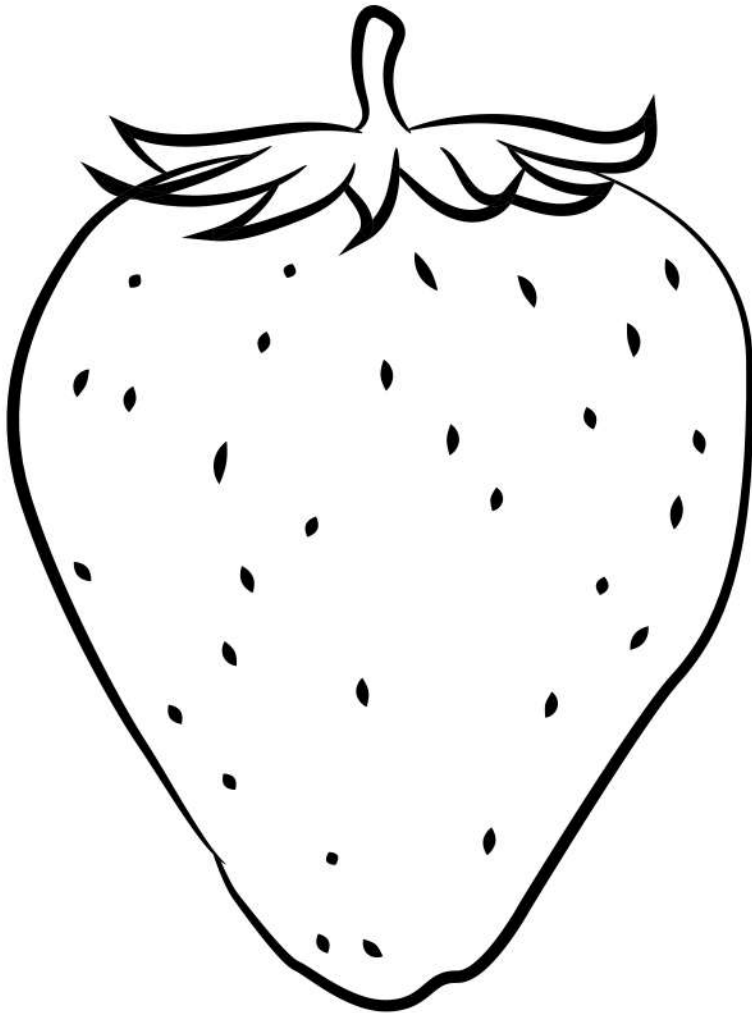


## Coloring & Activity Book

By Sean Sancel  
for the  
Louisiana Strawberry  
Marketing Board







Did you ever wonder  
where strawberries come  
from?

Or how they grow?

Well... I don't know how  
they do it in other states,  
but I can tell you about  
Louisiana strawberries  
because...



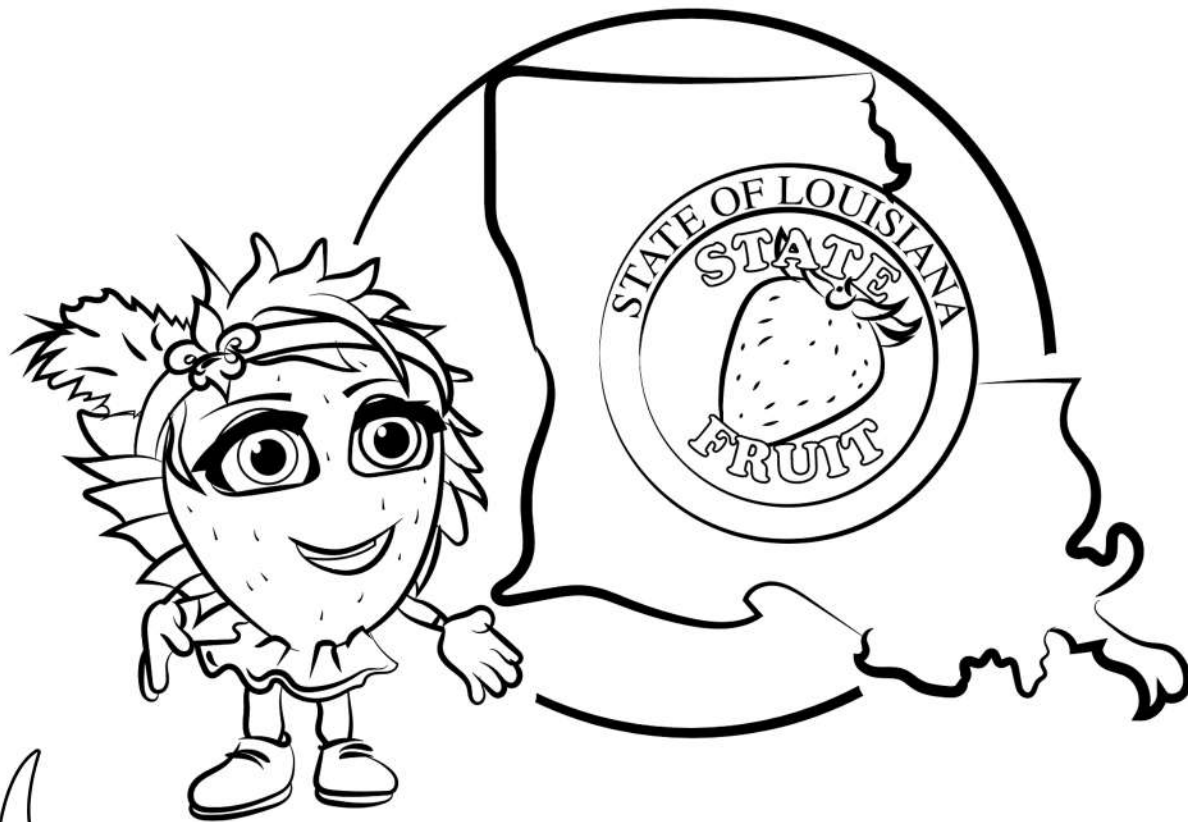
I am one! My name's Jazzy Strawberry.



Hi Jazzy!

Oh hi, Beignet! What's cookin'?


Are you talking about those Louisiana strawberries?



That's right! We are the official state fruit of Louisiana. Because not only do we taste delicious, we're good for the state's economy, too!



How is that, Jazzy?



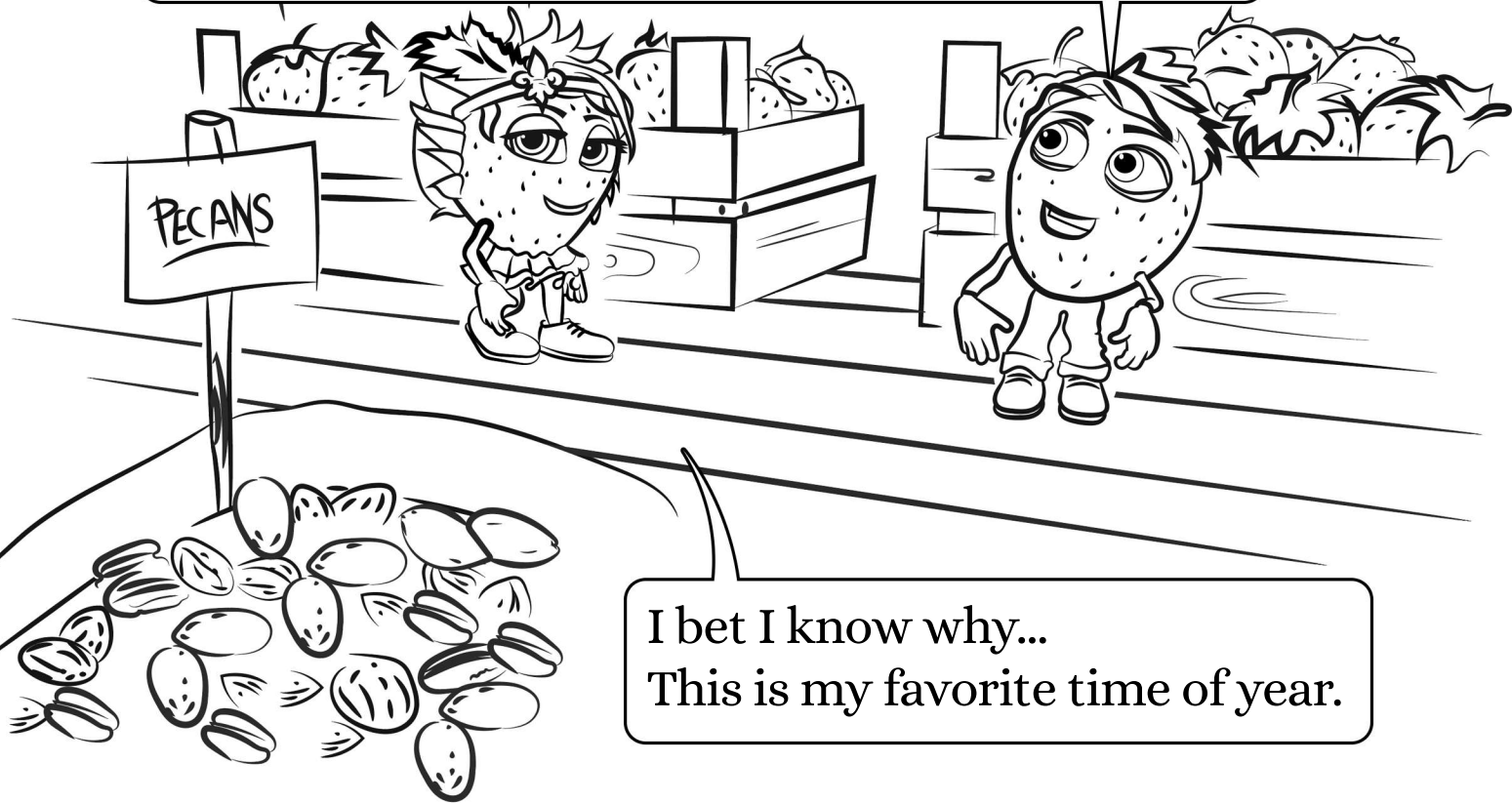
Oh hi, Breezy! Well, whenever you pick Louisiana strawberries - you're also helping a Louisiana strawberry farmer!

And those farmers always bring us the  
very sweetest and the best!



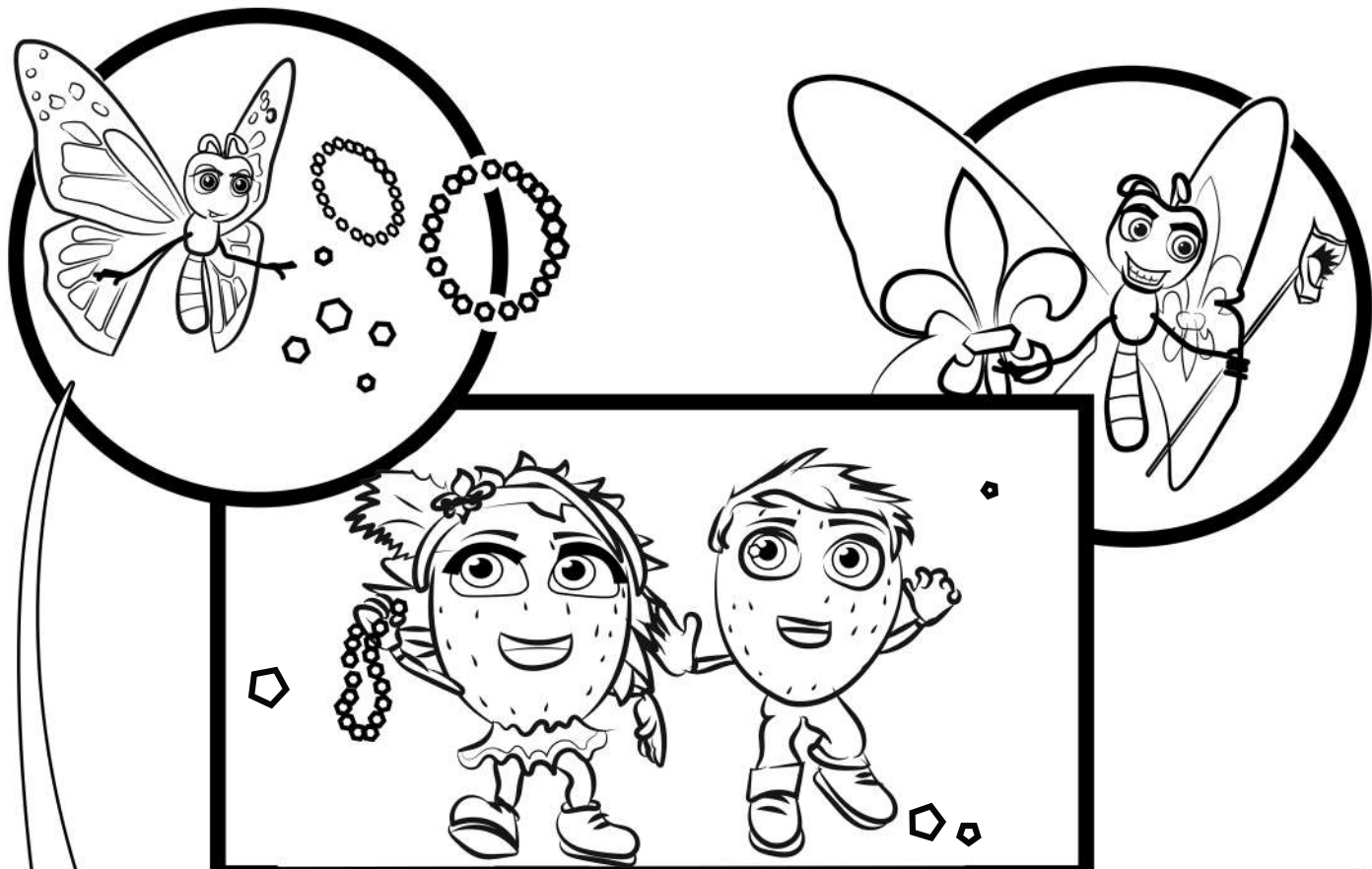
Well, I'm blushing! Breezy, you say the sweetest things...  
So laissez les bons temps rouler! Oh! I'm sorry...  
Let the good times roll!

Wow! Look at how busy this farmers' market is...



I bet I know why...  
This is my favorite time of year.



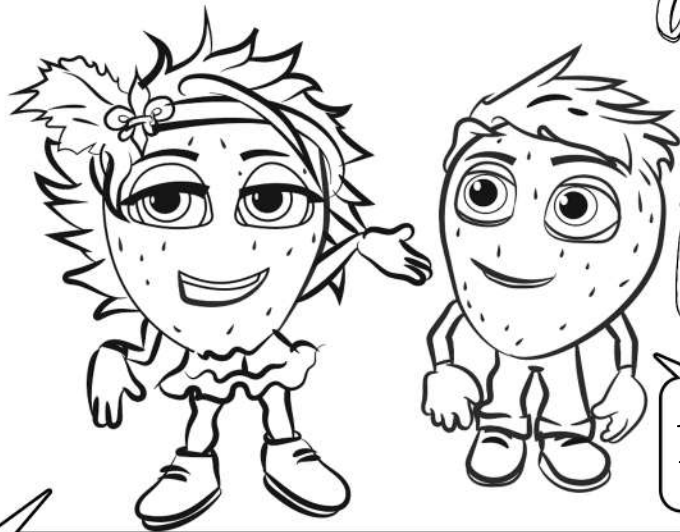


Y'mean spring? Oh yeah... Celebration time! And check it out!



Well, yes, but I was talking about the fact that it's strawberry season. Here in Louisiana, strawberries are at their peak in the spring!

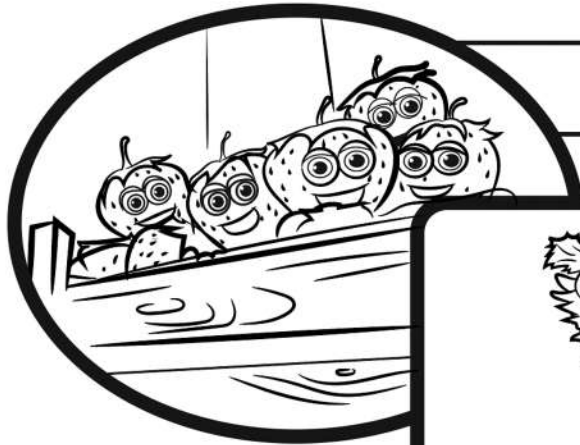
Strawberries  
are at their  
peak  
in spring!



And when we hit our peak, we're the fruit that people love to pick!

And we always get picked, don't we Beignet?



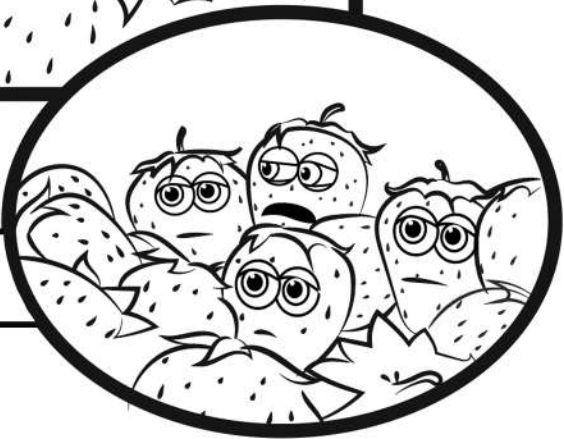


Hi Jazzy!!

Hello everybody!  
Wow! Just look at all  
these sweet, delicious,  
plump Louisiana  
strawberries!



Who's she callin' "plump"?



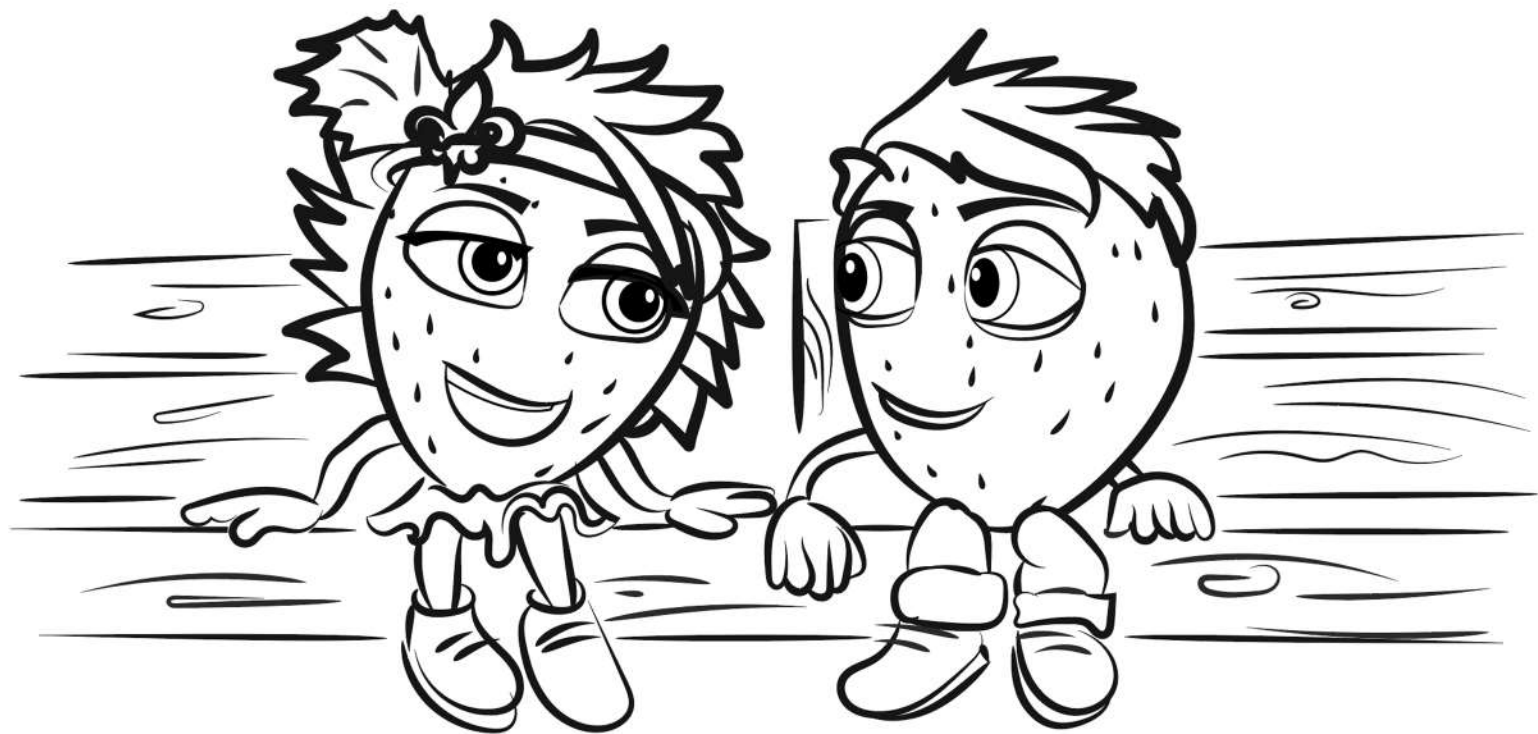


That's a good thing, cher!

Yeah, only the best will do for our stores, farmers' markets, and roadside stands. Fresh and straight from the farm.

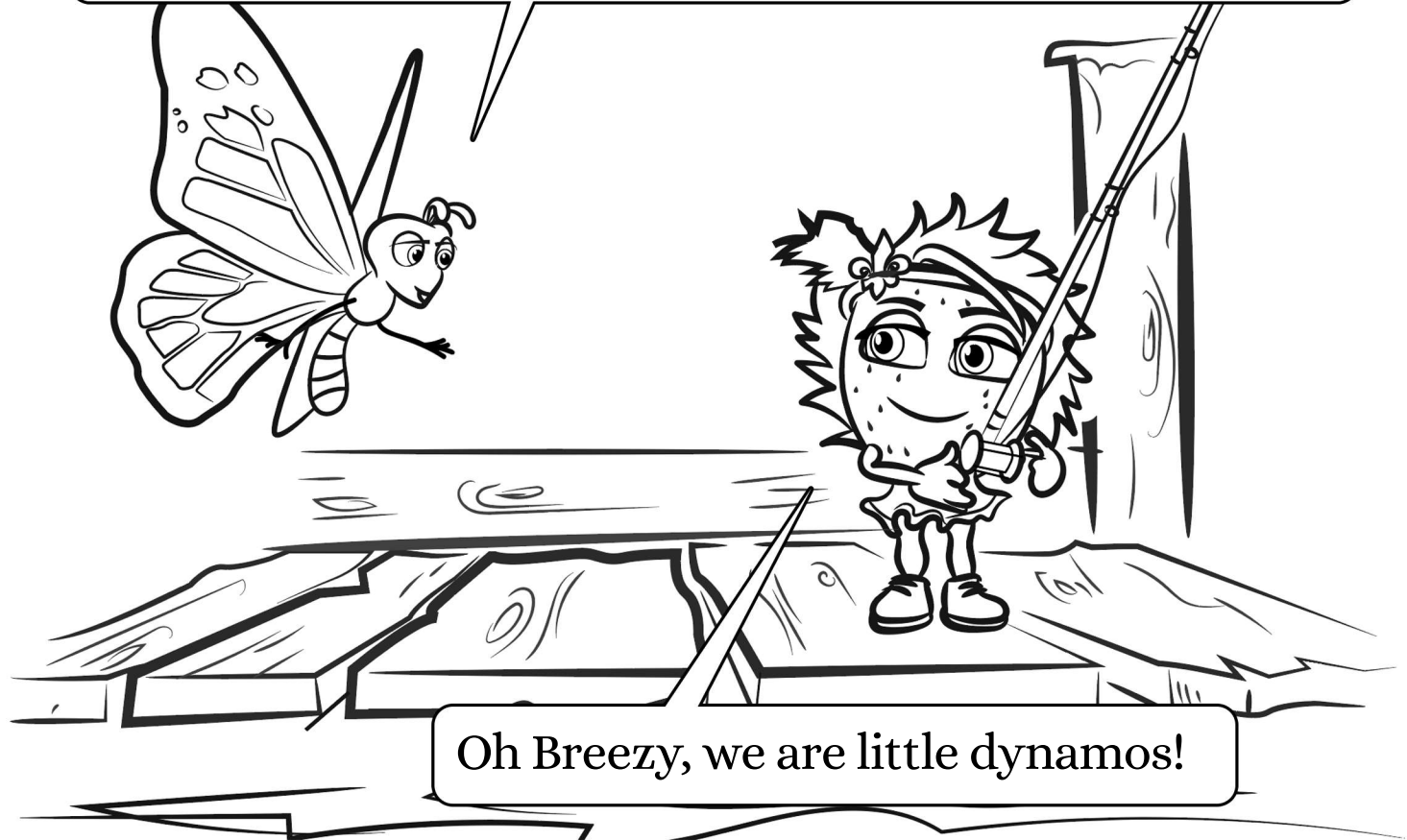


That's right! When you're out shopping, pick Louisiana strawberries.





Hey Jazzy, I know Louisiana strawberries are sweet and delicious... But are they good for you?



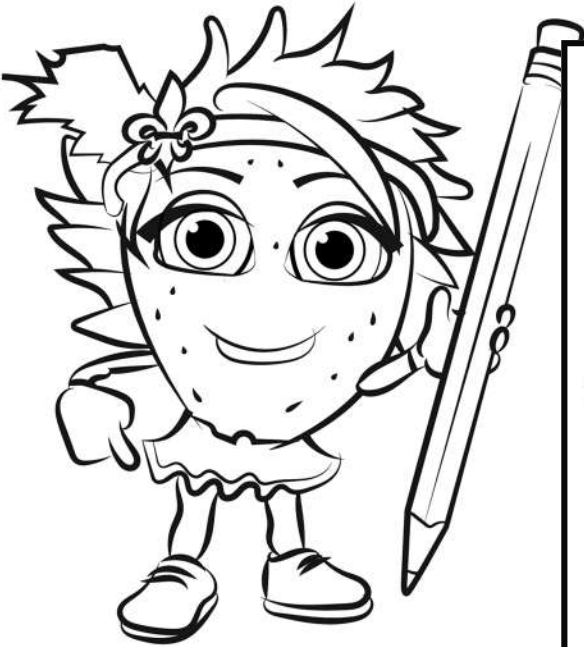
Oh Breezy, we are little dynamos!



Well, not only are strawberries fat-free, sodium-free and cholesterol-free — ounce for ounce we have more vitamin C than citrus fruit!



# Find The **WORDS**



|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| b | u | t | f | s | s | p | f | n | j | j | e | b | d | r |
| d | d | m | o | t | h | o | q | a | a | m | d | r | s | x |
| c | f | b | l | r | c | b | d | z | t | c | h | d | f | c |
| b | r | e | a | a | t | w | z | i | e | f | c | t | s | k |
| h | o | g | t | w | f | y | w | i | u | d | r | n | n | z |
| m | p | z | e | b | s | y | p | k | o | m | l | e | h | y |
| c | h | o | l | e | s | t | e | r | o | l | f | r | e | e |
| g | u | e | u | r | l | d | p | l | b | v | i | r | c | w |
| l | j | g | n | r | v | i | t | a | m | i | n | c | e | f |
| z | w | p | n | y | m | u | i | s | s | a | t | o | p | e |

## **Word List:**

cholesterol free  
sodium free

fat free  
vitamin C

potassium  
folate

Jazzy  
strawberry

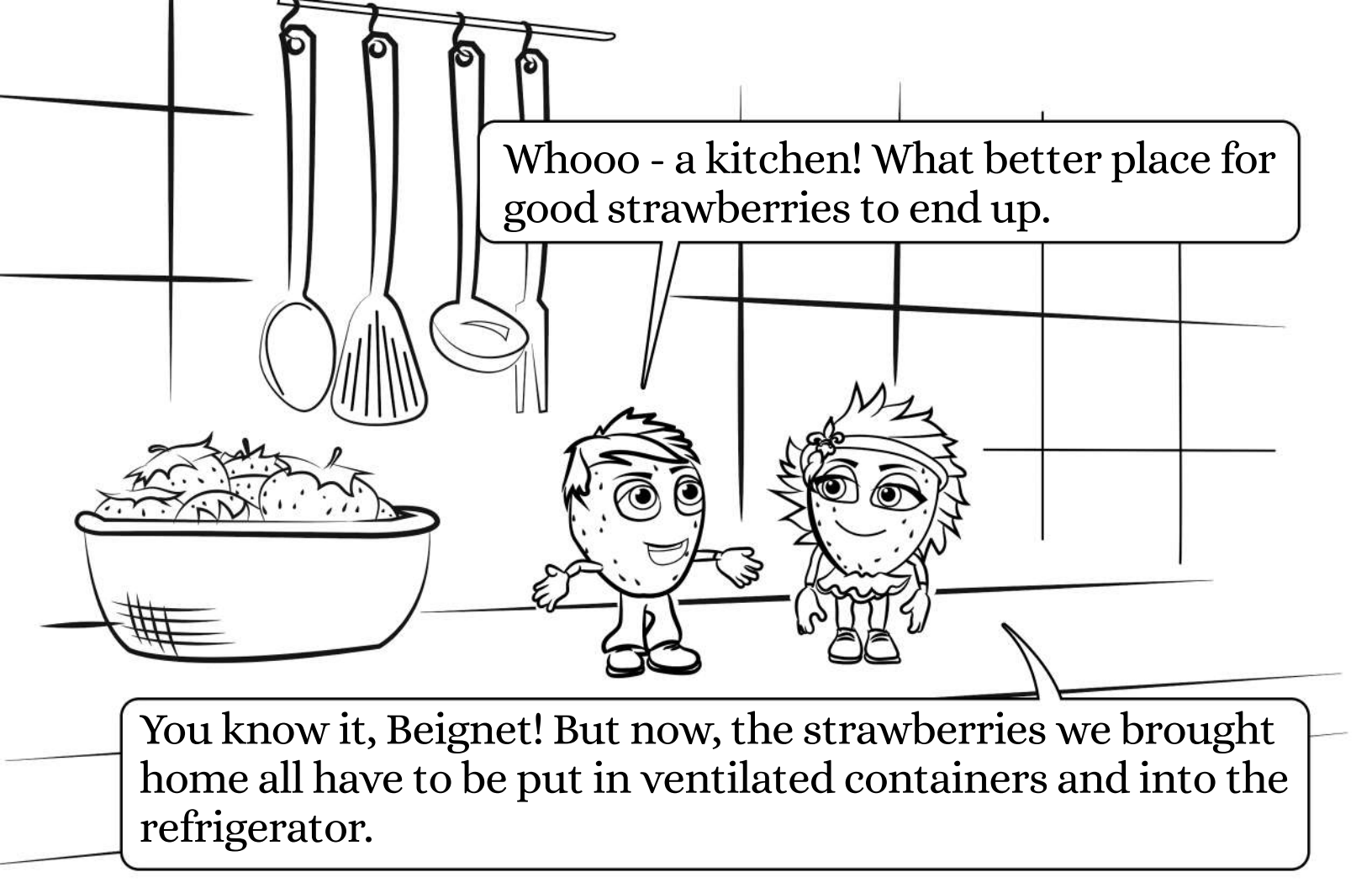
Beignet... Where have you been?

Running! A bunch of people at the farmers' market were trying to dip me in melted chocolate!



Oh, see now that sounds good.

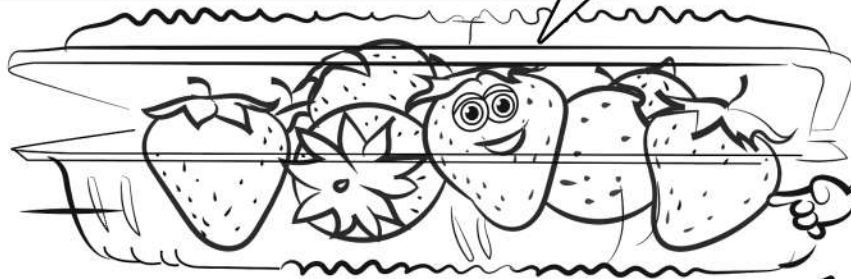




Whooo - a kitchen! What better place for good strawberries to end up.

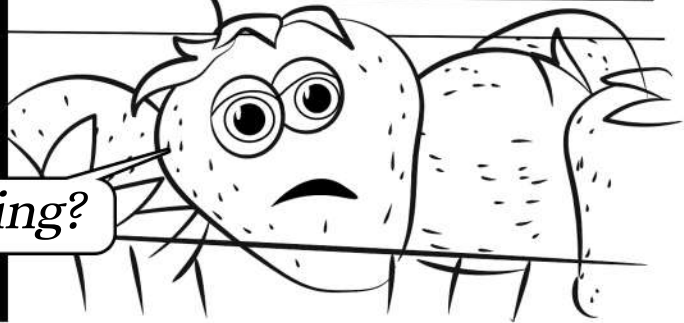
You know it, Beignet! But now, the strawberries we brought home all have to be put in ventilated containers and into the refrigerator.

When do we get a bath?



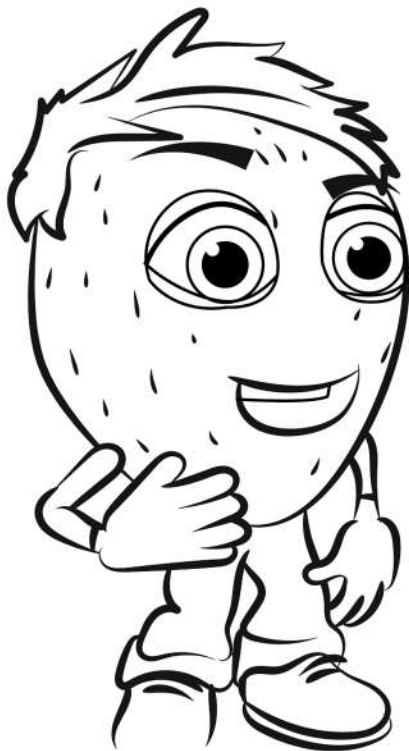
Patience! You'll get a quick rinse, but right before serving.

Yay! I knew we'd get a... *Serving?*





Yeah, how can you  
serve strawberries?



Well, all kinds of ways! And there's lots of  
recipes. Let's do an easy one right now!



# Strawberry Milkshake

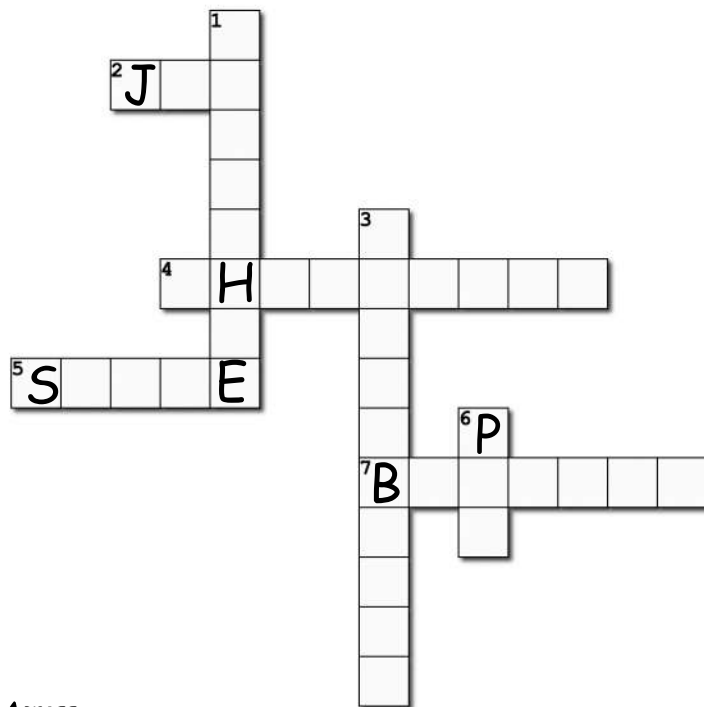
## Ingredients:

- 10 large Louisiana strawberries, washed and chopped into large pieces
- 2 1/2 cups vanilla ice cream
- 2 cups whole milk

## Instructions:

- 1) Add the chopped strawberries to a 6-cup blender, and then add remaining ingredients
- 2) Blend until smooth, but still thick
- 3) Pour into serving glasses.  
Serve immediately.

More strawberry recipes can be found at [louisianastrawberries.com](http://louisianastrawberries.com).



## Across

2. Goes with peanut butter for a great sandwich
4. A strawberry dessert with whipped cream and cake
5. A cold, ice cream drink
7. Jazzy's best friend

## Down

1. Fruit and yogurt are blended to make this healthy drink
3. A delicious fruit high in vitamin C
6. A dessert with a crust and filling (maybe strawberry filling?)





**[WWW.LOUISIANA STRAWBERRIES.COM](http://WWW.LOUISIANA STRAWBERRIES.COM)**